

Titus 2 Partnership Recovery Program Information Guide

Updated: 11/28/22

Titus 2 Partnership, Inc.'s life recovery program focuses on spiritual development, addiction education, as well as life transformation for women through a relationship with Jesus Christ. Recovery students, are immersed in Biblical studies, psychoeducation, and life skills training from a Christian perspective. Daily intensive instruction will allow students to accomplish the course of study in a timely manner and move into transitional status, employed and continuing in discipleship and mentoring until they are firmly established in their new Christian identity and lifestyle.

To be considered for Titus 2 Partnership, Inc.'s residential life recovery program, you must call, email, or text to request an application. After the initial contact the application will be sent by email, or letter. Contact Program Manager, Cathy Byrd at (850) 832-4052 or cathybyrd1212@hotmail.com. Applicants should explain why they believe a Christian faith-based program is the best recovery program for them.

What is Transformational Life Recovery?

Transformational life recovery is a process of change through which individuals improve their health and wellness, live work-ordered and self-directed lives, and strive to reach their full potential. This process values hope, empowerment, self-motivation, and healing. A recovery focus signals a shift in expectations for those seeking help and for those assisting them. A life recovery approach to change and healing from addictive behavior and other life-limiting dysfunctions addresses mental health and cooperative effort among communities, providers, families and other stake holders to infuse a recovery focus into behavioral health. Recovery support services help people enter into and navigate systems of care, remove barriers to recovery, stay engaged in the recovery process, and live full lives in communities of their choice.

Titus 2 Program Components

Spiritual Formation/Discipleship Components

Daily morning devotional
The Relationship Principles of Jesus
Journaling
Personal Bible reading recording/review
Search for Significance Class
How to Study the Bible Instruction
Women of the Bible Class
Wednesday night church Bible study
Sunday worship and study
Self Study Bible lessons
Mentor/mentee relationship with volunteers
History of the Church DVD curriculum
Ministry in service to the community

Addiction Recovery / Chemical Dependence Components

Power to Choose 12 Step Study
Weekly Recovery Fellowship Meeting

Abortion Grief Recovery counseling available
Relapse Prevention Self Study and Counseling
Co-Dependency Self Study- Untangling Relationships
Self esteem class
Group discussion sessions
Domestic violence education
Aftercare outreach

Life Skills/Self Care Components

Boundaries Class
Overcoming Anger/Resolving Conflict
Effective Parenting in a Defective World
Fire Prevention/Safety instruction
Physical health and wellbeing instruction
Scheduled Recreation/Group Activities
Communication Skills and Emotional Intelligence
Relationships & Romance Discussion Group
Love, Sex, and Dating video curriculum
Children/family visitation and reconciliation
Home and Self Care (covers issues of hoarding, order in personal space, time management, food handling, personal finances, etc)

Vocational Education / Job Readiness Components

Job skills and work readiness
GED classes/tutoring
State Identification/License reinstatement
Resume development/interviewing skills
Pursue resolution of legal issues
Computer skill development

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